


# Revising the guidelines for antenatal, intrapartum and postnatal care of women living with hiv

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## UNDETECTABLE

**Undetectable** occurs when a person with HIV is on Anti-retroviral medication and lowers their HIV viral load, which is the amount of HIV virus in the blood, to undetectable. They still have HIV but it cannot be detected by standard tests.

# Undetectable = Uninfectious

## UNINFECTIOUS

**Uninfectious**. If a person maintains an undetectable viral load for more than six months, this means they are uninfectious and cannot pass the HIV virus to their sexual partners. Using condoms reduces the risk of STI's and pregnancy.

BODY POSITIVE
NEW ZEALAND
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# U=U

# HIV Positive Undetectable Uninfectious

STAY on Treatment
STAY Undetectable
STOP Transmission

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# MINISTRY OF HEALTH GUIDELINES

**HIV - TRANSFER**

**Four categories of referral**

**Primary - The LMC discusses with the woman that a consultation with a primary provider may be warranted. Clinical responsibility for the woman's maternity care remains with the LMC.**

**Consultation - The LMC must recommend to the woman that a consultation with a specialist is warranted. Responsibility will vary with the clinical situation and the wishes of the woman.**

**Transfer - The LMC must recommend to the woman that responsibility for her care be Transferred to a specialist. The specialist will assume clinical responsibility.**

**Emergency - Immediate transfer of clinical responsibility to the most appropriate practitioner.**

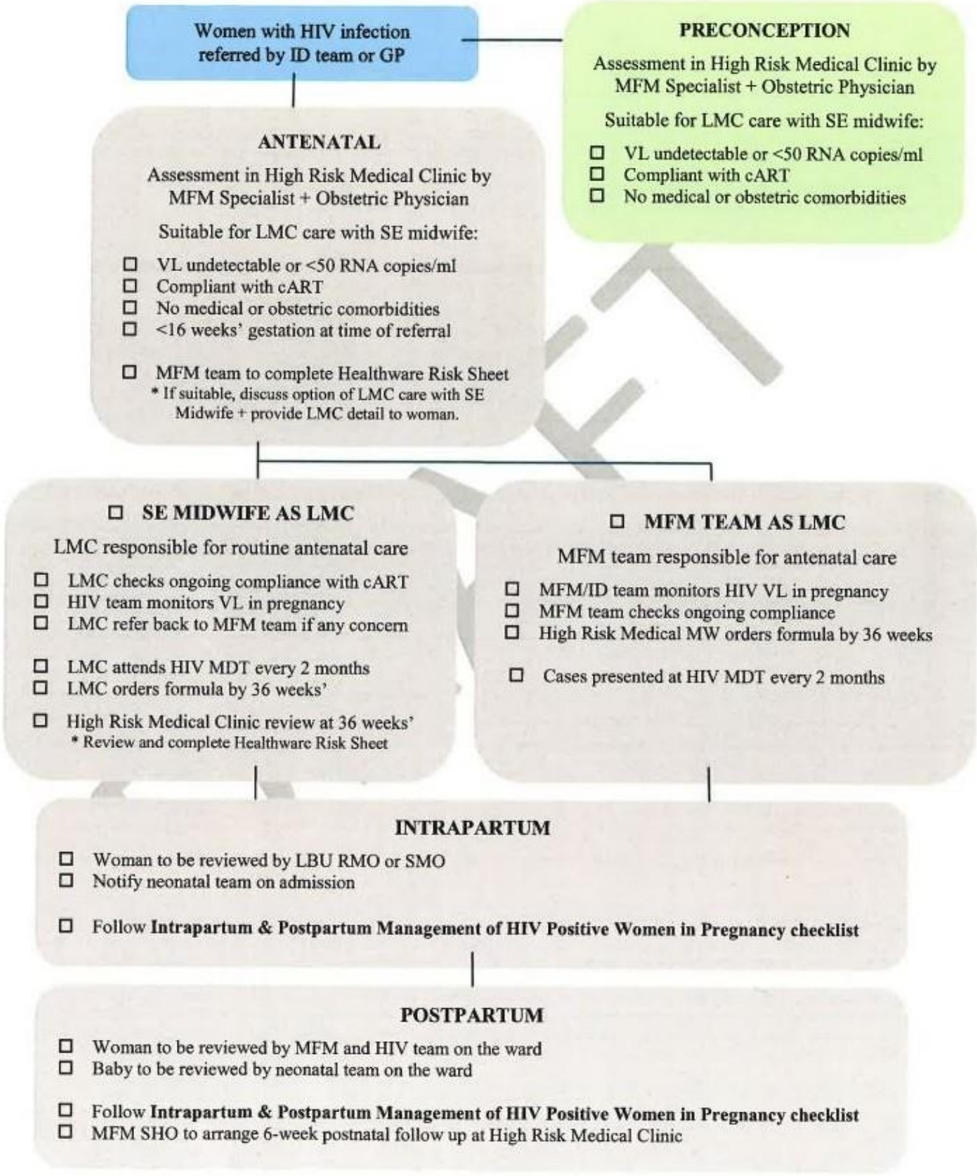
**Guidelines for consultation with obstetric and related medical services.**

**Ministry of Health Pub. 1st February 2012**

"If the woman has no risk factors she can be managed by midwives either in a midwifery-led unit or at home. She will need to continue with cART through labour and adequate provision needs to be made for examination and testing of the newborn and dispensing of medication to the newborn in a timely fashion"

British HIV Association guidelines for the management of HIV in pregnancy and postpartum 2018

# Pathway for Pregnancy Care of Women with HIV Infection (Residing in the greater Auckland area)





" I believe continuity of midwifery care is the gold standard for all women and I am thrilled that women living with HIV now have this option in Auckland"

Paddy Hughes

" In my midwifery practice I believe in the power of normal birth. I have a particular interest in Birth Trauma and supporting women to have a transformative birth"

Jude Cottrell






"Many of the women I looked after in South Africa were living with HIV. I have been pleased to follow the improvements in treatment but the damage caused by stigma continues."

Liz Harding